

# EXERCISE EQUIPMENT EXPERT

## REVIEW JOURNAL

Personal Trainer helps you navigate the dangerous waters of the exercise equipment industry



### Smooth 6.45 Treadmill vs. Smooth 9.35hr Treadmill vs. Sole F85 Treadmill Comparison Guide

	<a href="#">Smooth 6.45</a>	<a href="#">Smooth 9.35 HR</a>	<a href="#">Sole F85</a>
Price	\$1,688	\$1,988	\$1,999
Horsepower	3.0 continuous duty	3.0 continuous duty	3.5 continuous duty
Speed	.5 - 12 mph	.5 - 11 mph motion control	.5 - 12 mph on arm rest
Incline	0-15%	0-15%	0-15% on arm rest
Running Belt Size	20" x 60"	20" x 55"	20" x 60"
Belt Type	2-ply 1.66 mm	2-ply whisper weave	double weave 2-ply
Folding Deck	yes	no	yes
Shock Absorption	swing arm shock absorption	hydra suspension w adjustable cushioning	cushion flex whisper deck
Rollers	2"	2"	2 3/4"
Heart Rate Control	pulse grip - optional chest strap	yes - polar wireless chest strap	yes - wireless chest strap
Heart Rate Programs	0	1	2
Standard Programs	8	6	6
User Programs	3	1	2
User Weight Limit	350 pounds	400 pounds	400 pounds
Warranty	lifetime motor, deck, frame - 5 years parts - 1 year labor	lifetime motor, deck, frame - 5 years parts - 1 year labor	lifetime motor, deck, frame - 5 years parts - 2 years labor

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